

WHAT IS RESILIENCE?

Use this resource if you don't know much about resilience or if you want a quick refresh.



Hover your mouse over this box then press CTRL + Click to find out how to use the material presented. Alternatively go the contents page, pick a topic and start your journey from there.

DOI: http://dx.doi.org/10.12774/eod_tg.may2016.sturgessandsparrey

First published May 2016

© CROWN COPYRIGHT

Table of Contents

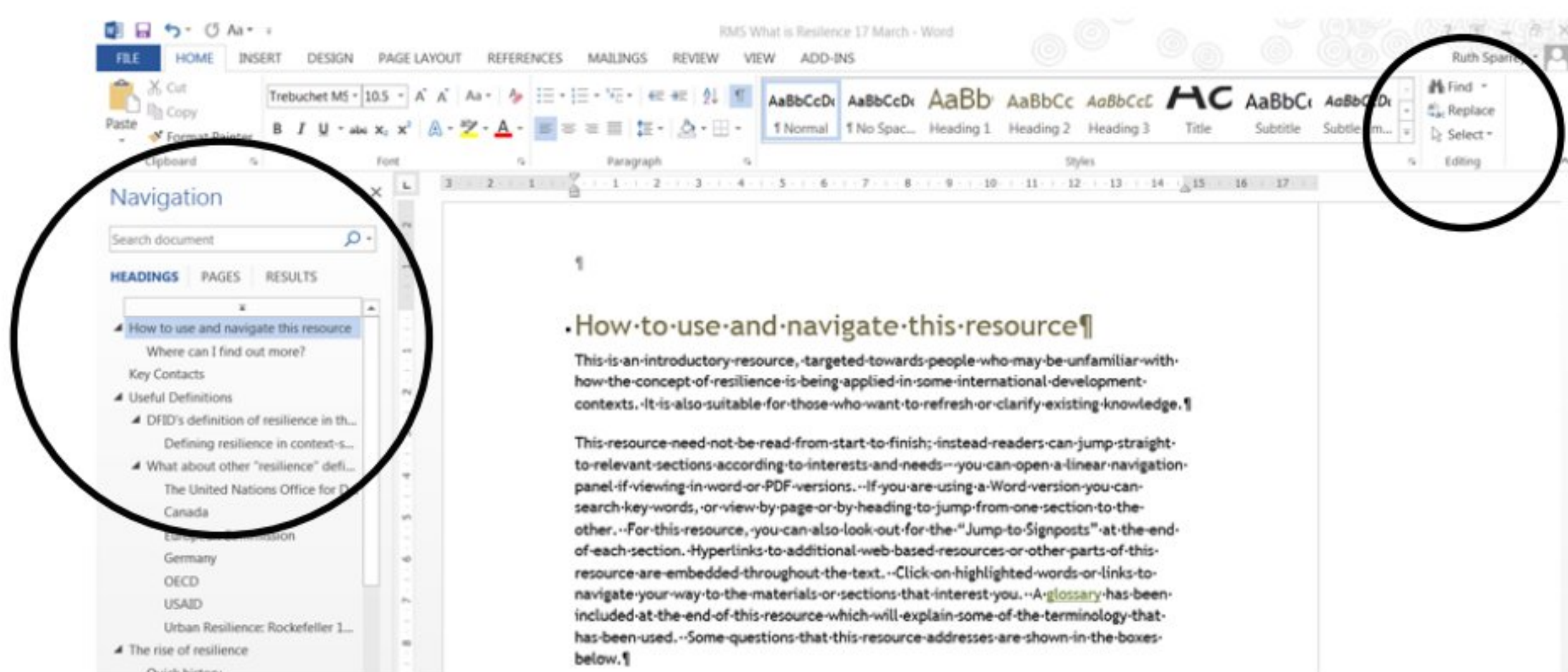
How to use and navigate this resource.....	3
1. Useful Definitions	6
DFID's definition of resilience	7
Climate Resilience	8
Infrastructure and Resilience	8
Definitions of other donors and agencies	10
2. The rise of resilience	12
Quick history	13
Why is resilience important?	15
3. Scales of resilience: resilience of who/what?	17
Dimensions of resilience	18
4. Conceptual Frameworks	20
What the conceptual frameworks have in common.....	20
What are the relative pros and cons of these frameworks?	21
DFID's Disaster Resilience Framework.....	22
Other conceptual frameworks	26
5. What other donors are doing on resilience.....	31
6. Linking resilience to risk and adaptation	36
Resilience as an adapted risk management approach.....	36
7. Risk Layering	39
8. What does resilience programming look like?	43
Climate change and conflict	48
9. Take Home Messages.....	50
Glossary	51
Recommended Resources	53
Overview of resources	53
Bibliography	62

HOW TO USE AND NAVIGATE THIS RESOURCE

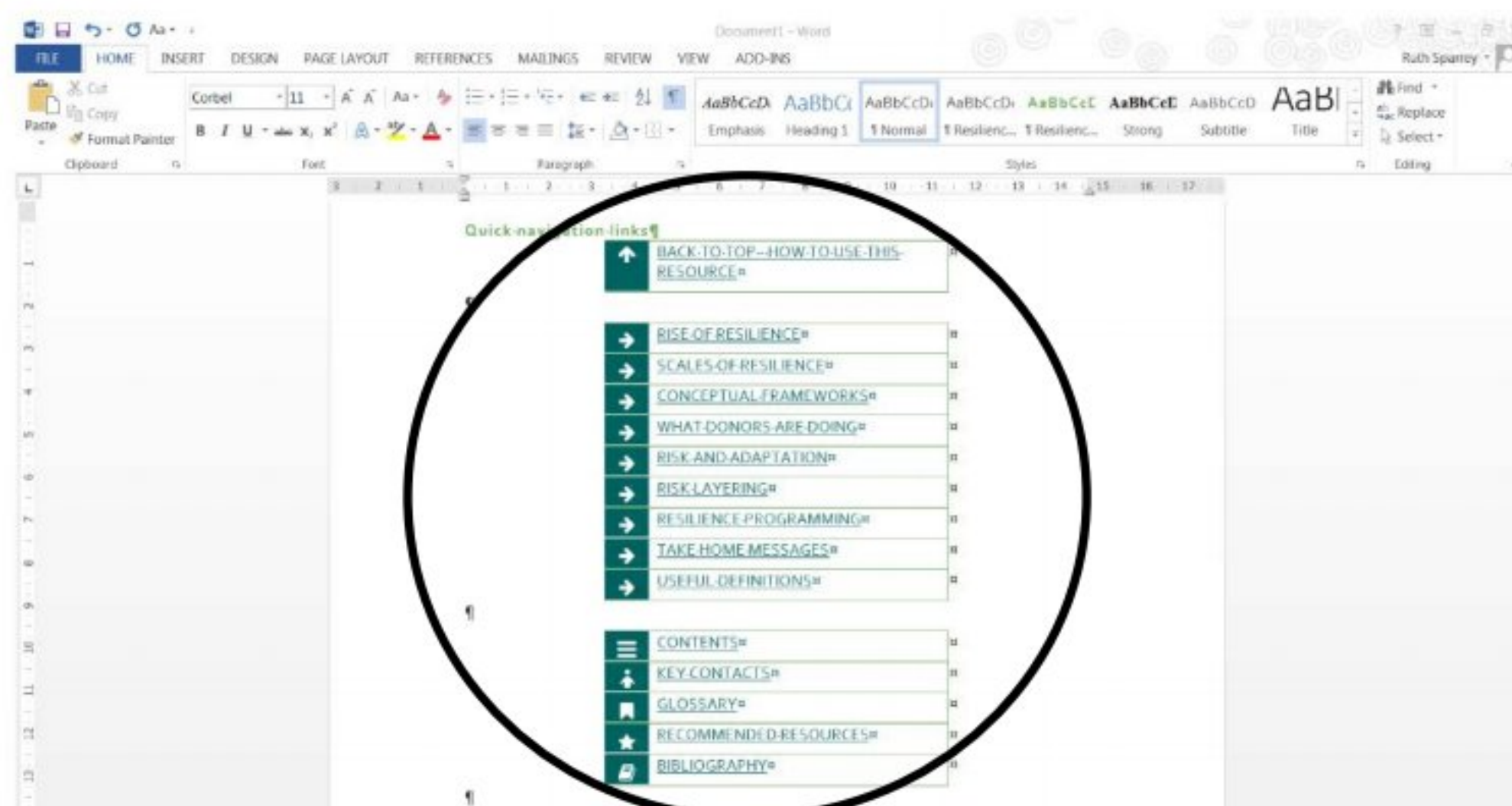
This is an introductory resource, targeted towards people who may be unfamiliar with how the concept of resilience is being applied in some international development contexts. It is also suitable for those who want to refresh or clarify existing knowledge.

This resource need not be read from start to finish; instead readers can jump straight to relevant sections according to interests and needs. Here are some ways that you can do this:

1. You can open a linear navigation panel if viewing in Word. From here you can search key words, view by page, or use the headings to jump from one section to the other. Pull up your navigation panel by clicking "Find" from the Home Tab on your document.



2. You can also look out for the "Quick Jump to" links at the end of each section. Click the hyperlink to where you want to go.



3. Hyperlinks to web based resources or other parts of this resource are embedded throughout the text. Click on highlighted words or links to navigate your way to the materials or sections that interest you.
4. A [glossary](#) has been included at the end of this resource which will explain some of the terminology that has been used.
5. Some questions that this resource addresses are shown in the boxes below.



To return to where you were before clicking a hyperlink press the ALT Key and the ← Left Arrow on your keyboard together. This acts like the back arrow on a web page.

[How has resilience been defined?](#)

[What is the history of resilience?](#)

[What are the scales and dimensions of resilience?](#)

[What conceptual frameworks exist?](#)

[How does DFID conceptualise resilience?](#)

[How useful are the conceptual frameworks?](#)

[What does resilience programming look like?](#)

[How is resilience linked to risk and adaptation?](#)

[What is risk layering?](#)

Practitioners may be most interested in the following sections:

- » [Defining resilience in context-specific ways](#)
- » [DFID's disaster resilience framework – practical example](#)
- » [What does resilience programming look like?](#)



To jump straight to a relevant section, hover the cursor over the question without clicking, hold down the CTRL key, and then click.

Where can I find out more?

There are two ways to find further information.

1. Firstly, if you are DFID staff you can contact the DFID Virtual Community of Practice on Resilience, or get in touch with a key contact for specific expertise. We have started a list of key contacts which will be updated periodically. This resource is available to DFID personnel.
2. Secondly, you can follow the links embedded in the text or take a look at some recommended resources and ideas for further reading (see [Recommended Resources](#)).